

OM SHANTHI CHANT

-- we chant this at the conclusion of sits --

Sangha

3 As - a - tho - Maa, Sath Gam - a - ya.

Tham - a so - Maa, Jyo - thir Gam - a - ya.

5 Mru - thy - or Maa -

6 Am - ru - tham Gam - a - ya. Om

8 Shan - thi. Shan - thi. Shan - thi - i.

Lead us from the unreal to the real.
Lead us from darkness to light.
Lead us from the fear of death to the realization of immortality.
Om Peace Peace Peace

Special thanks to "computer and music whiz" Larry Harms, for transcribing this ancient Sanskrit Text so we can read and sing it together.